

# Raise a Leader

## Leadership Training

### Curriculum

## Sample Lesson from Month 2

# Faith



**Note from Raise a Leader:** We want to show you how easy and effective our lessons are. So we put together a sample lesson from our second month's lesson manual (on the topic of Faith) for you to enjoy.

If you like this lesson and would like to receive 22 more lessons per month plus support, coaching and more visit [www.RaiseALeader.com](http://www.RaiseALeader.com)

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# Faith Lesson 4: It Takes Faith to Keep the Commandments

## Lesson Rationale:

When you practice faith and obedience, it is more likely that you experience great things in life.

As a leader, it is important to show others by example that you are obedient. A good leader will also know how to be a good follower.

As you learn to put your trust in God, you will find keeping the commandments is something you do out of love instead of duty.

## Activity: Oreo Dirt

Age group: Grades PK-12

Materials needed:

One package of Oreo's, crushed and put into a gallon zip-lock bag.

One small flower that needs to be potted, or seeds

One flower pot

One big mixing spoon

Activity Set-up:

Have each of the materials needed on the table.

Ask your child to help you, but that he/she needs to have faith in your instructions.

Ask your child to follow your directions very closely.

Remind your child of the commitment that he/she made to follow your directions to a "T."

Tell your child to take the “potting soil” and to plant the flower or seeds.

While your child is doing this talk about how faith is a lot like planting a seed or flower.

Then ask your child what it would require to keep the plant growing and healthy.

Let your child respond to your question.

After the planting is completed, remind your child that they must have faith to follow your directions.

Tell your child that there was a recent study that this particular soil was edible.

Tell your child that he/she needs to keep his/her word to follow your directions by eating a spoonful of the “soil.”

Your child at this point may be a little stressed out or ungrateful that they are doing this object lesson. But, by this point, your child will have probably smelled that this isn't normal dirt and will not have a problem taking a bite.

Once your child takes the bite, if you have other children, they will be squirming or saying things like, “Gross!” “I can't believe she ate that!” Etc.

### **Activity Dialogue:**

Tell your child: *When you showed faith in following my instructions, you did what I asked even though it seemed really strange. Sometimes God asks us to do things that we don't want to. Sometimes He asks things of us that are really hard.*

Ask your child: *What did you learn in the end by following my directions?*

Your child: I learned that the end result was a pretty tasty one.

Ask your child: *Do you think God allows us to have similar experiences when we follow Him?*

Your child: I think so.

Tell your child: *When we have the faith to follow God's commandments, whether they are big or small commandments, He will bless us.*

If you have more than one child, they may be a little confused because you haven't yet told everyone else that the dirt was actually Oreo cookies smashed up.

Some of your other children may ask questions like: How was eating dirt a blessing?

Ask your child who volunteered: *Isn't it right that there are blessings after following with faith?*

Your child: Yes.

Go ahead and tell your other children what the dirt really was.